

Free Motion Basics

with Kathy Dunham

Supplies –

For practice –

- 2 18" squares of muslin or plain light colored fabric, no prints
- 18" square of flannel or batting
- Old/used machine needles (any size will do)
- Paper and pencil for practicing free motion designs

For project -

- 12" square of fabric for background
- 12" square of fabric for backing
- 12" square of batting
- Scraps of yellows and orange fabric approximately 3' square (for flowers)
- Scraps of green fabric (for stems and leaves)
- Black thread
- Fabric glue e.g., Roxanne's (Lori has this)
- Good fabric shears e.g., Karen Kay Buckley (Lori carries these)
- Sewing Machine
- Sewing machine feet #29 or the Bernina Stitch Regulator if you have one
- Sewing Machine needles – size #80
- Pins and other sewing notions you normally use
- Quilting gloves
- Sew Slip II (Quilting sheet – Lori has these)

